



Lucy's Spice Box seeks to provide foods that tastes great, are nourishing and that are farmed humanely, sustainably, naturally and organically.

We are proud to share our primary food sources. We try to buy directly from farmers (as local as possible) or to buy from vendors who buy directly from farmers. If you spend a dollar on Food from Lucy's, we want as much of that food dollar as possible to benefit the farmer.

PREFERRED FOOD SOURCES

Vegetables

Up Country Farms
River dog Farms
Produce Express www.produceexpress.net
Rancho Gordo Beans
www.ranchogordo.com
Wine Forest Mushrooms
(www.wineforest.com)
Lucy's and Friends' Gardens
Outer Aisle Foods
www.outeraislefoods.com
Tyson Hill Farms



Fish, Fowl and Meats

Del Monte Meats & Fish www.delmontemeats.com
Ilano Seco Farms www.ilanoseco.com

Pope -Taylor Ranch
Dal Porto Ranch

General Ingredients

Costco Organics
www.mountainroseherbs.com
Saltworks SF
Bray vineyards: Olive Oil
Tomales Bay foods

Menu Planning: Silver Lake



Favorite Restaurant: Silver Lake

